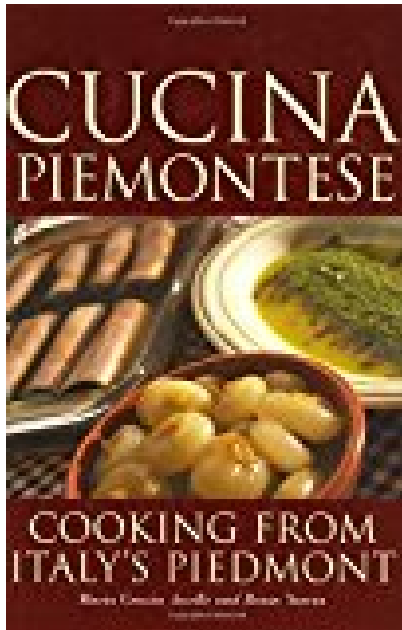


Cucina Piemontese Cooking from Italys Piedmont



BOOK DETAILS

- Author : Maria Grazia Asselle
- Pages : 159 Pages
- Publisher : Hippocrene Books
- Language : English
- ISBN : 0781811236

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BOOK SYNOPSIS

For centuries Calabrian food has remained relatively undiscovered because few recipes were divulged beyond tightly knit villages or even family circles, but Mary Amabile Palmer has gathered a comprehensive collection of exciting, robust recipes from the home of her ancestors. "Cucina di Calabria" is a celebration of the cuisine she knows intimately and loves, a cuisine that is more adventurous and creative than that of most other parts of Italy. Nearly 200 recipes offer something for every cook, whether novice or experienced. All start with simple, fresh ingredients, transformed into sumptuous dishes with a minimum of effort. They are interwoven with anecdotes about Calabrian culture and history, traditions, festivals, folklore, and of course, the primary role that food plays in all aspects of Italian life.

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