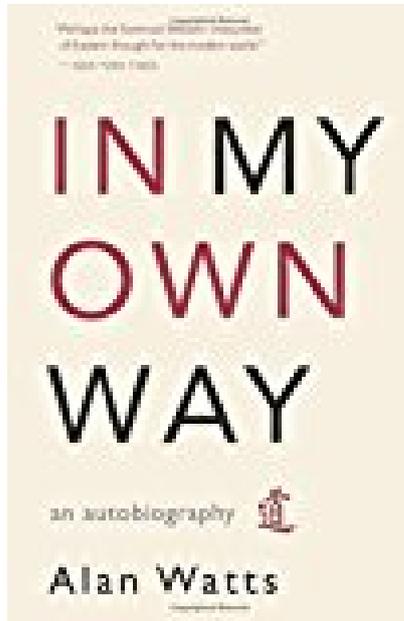


# In My Own Way An Autobiography

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## BOOK DETAILS

- Author : Alan W. Watts
- Pages : 384 Pages
- Publisher : New World Library
- Language : English
- ISBN : 1577315847

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## **BOOK SYNOPSIS**

In this new edition of his acclaimed autobiography — long out of print and rare until now — Alan Watts tracks his spiritual and philosophical evolution. A child of religious conservatives in rural England, he went on to become a freewheeling spiritual teacher who challenged Westerners to defy convention and think for themselves. Wattss portrait of himself shows that he was a philosophical renegade from early on in his intellectual life. Self-taught in many areas, he came to Buddhism through the teachings of Christmas Humphreys and D. T. Suzuki. Told in a nonlinear style, *In My Own Way* combines Wattss brand of unconventional philosophy with wry observations on Western culture and often hilarious accounts of gurus, celebrities, and psychedelic drug experiences. A charming foreword by Wattss father sets the tone of this warm, funny, and beautifully written story. Watts encouraged readers to “follow your own weird” — something he always did himself, as this remarkable account of his life shows.

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