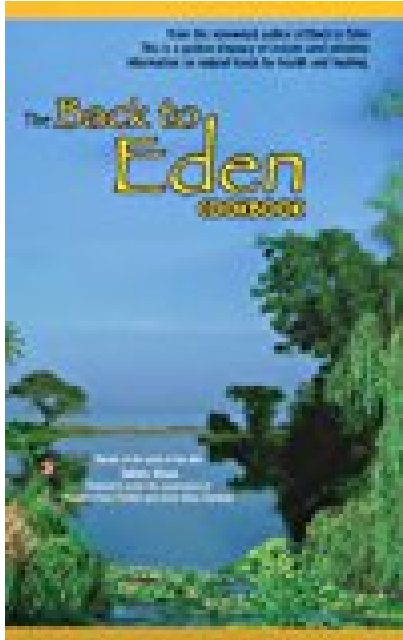


The Back to Eden Cookbook



BOOK DETAILS

- Author : Jethro Kloss
- Pages : 160 Pages
- Publisher : Back to Eden Books
- Language : English
- ISBN : 9780940676039

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BOOK SYNOPSIS

Jethro Kloss, author of Back to Eden, believed that food from animals was not necessary in our diet. This is a practical guide to natural living, combined with inexpensive vegetarian recipes. It explains how to make animal protein substitutes - soy, nut milks, cheeses and butter - at home.

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